

I understand the following:

- My health is my responsibility.
- The body has the ability to heal itself and to do so, complete relaxation is often beneficial. I acknowledge that long-term imbalances in the body sometimes require multiple sessions in order to facilitate the level of relaxation needed by the body to heal itself. All healing may cause some minor discomfort, and some adverse side effects may occur through no fault of my own or my practitioner.
- Dory Doyle is an Intuitive Health Coach, working within the following modalities: •
  - Licensed Spiritual Health Coach (LSHC) to help me accept Divine healing on every level of my being according to my faith and beliefs.
  - Certified Aromatherapist non-secular arts and sciences with applications of essential oils. I understand the use of essential oils may vary considerably and are not predictable because of the unique chemistry, make up, and intent of each individual. Aromatherapy can help me reduce my stress, manage my pain, detoxify my body, and improve my quality of life. This may include the laying on of hands and anointing with oils.
  - Reiki a simple, gentle, hands-on energy technique that is used for stress reduction, relaxation, and an energy flow.
  - Muscle Testing/Applied Kinesiology a non-invasive method designed to determine the potential underlying causes of issues and discomfort – everything from nutritional needs to trapped emotions.
  - Vibrational Healing the use of frequencies, touch, and sound to encourage and enhance the nervous system and body to relax into a regulated state.
- At no time will Dory diagnose, treat, prescribe, or medicate any treatment or condition • that I may have. She is not a medical doctor. I understand that Dory will refer me to a properly licensed medical professional if I need - or I feel that I need - a specialist to diagnose, treat, or counsel me in anything outside of her scope of practice.
- My identity and any information about me, whether I share it with Dory Doyle or she discovers on her own, will be held in the strictest confidence, except when released by me in writing or as required by law.

Client Name: \_

Signature:

Date: